

Study Foundations in an AI World.

One method, every year — smart, safe study with AI, not from it.

Students in every year already use AI — mostly as an **answer machine**, which quietly erodes the very skills school exists to build. These four courses flip that: they teach students to **study with AI, not from it**, using one method — the **same six moves**, grounded in **cognitive-science research** — to turn the tool into a study partner.

Every course is anchored on **NSWEduChat**, the NSW Department of Education’s own student AI: free for Years 5–12, with data kept in Australia and never used to train AI — private from companies, if not from the school — so students start on a safe, school-approved tool and learn the rules for everything else.

And because the courses are built on an **agile methodology**, each one can be adapted to fit your school’s own model, tools and approach — from a single session to a whole-school rollout.

WHAT STUDENTS WALK AWAY WITH

- **A study method they own** — six moves, any subject
- **Faster understanding** — and memory that actually sticks
- **The judgement to verify AI** — and use it critically
- **Safe, honest use** — NSWEduChat first, integrity always

Four courses, one method one whole-school overview + three stage-specific sessions

THE OVERVIEW Years 7–12

AI & Study: the talk

A cinematic, image-first keynote that follows one student through a late night: the promise of AI, the trap of the shortcut, and the fix. Makes the whole-school case for using AI to build real learning.

Assembly · ~50 min

› Sets the culture — the *why* behind it all.

STAGE 4 Years 7–8

Smarter, not lazier

Opens with how the brain actually learns, then teaches the six moves as a “study buddy” — in plain language, wrapped in age-appropriate safety, age limits and parent-permission rules.

Practical · ~50 min

› Builds the right habits, and rules, early.

STAGE 5 Years 9–10

The right habits, now

The six moves as a study system, defaulting to the safe school tool (NSWEduChat) and the rules for everything else. The HSC is named only as a distant goal — lock in the method while the stakes are low.

Practical · ~50 min

› Locks in the method before stakes rise.

STAGE 6 · HSC Years 11–12

HSC success with AI

The six moves pointed straight at the HSC — directive verbs, marks-as-minutes, past papers, extended responses and marking — kept firmly on the right side of NESA’s integrity line.

Practical · ~50 min

› More marks, earned honestly.

THE RED LINES 01 Don’t submit its words as your own. 02 Don’t cite it as a source. 03 Don’t let it do the thinking.

Default to **NSWEduChat**, the safe school tool — anything else needs a parent’s *and* the school’s OK first.

THE METHOD — SIX MOVES IN EVERY COURSE

Understand — generate the idea, don’t just receive it

Space — spread across days; mix confusable types in a session

Refine — your hardest marker — never your ghostwriter

Drill — turn everything into a quiz — retrieval, not rereading

Distil — notes that *test* you, not a tidy summary

Check — assume it’s confidently wrong until you verify

HOW IT WORKS

- › One presenter, ~50 minutes — runs as an assembly or in class.
- › Full speaker notes on every slide; worked examples in real subjects.
- › Evidence-backed — every claim sourced to the research.
- › Leave-behinds: photo-ready recap slides + a printable one-page summary sheet.

Book all four — or start with one course.

Run one with a single cohort, measure the difference, then expand.

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